

Denmark-China Psychological Association (DCPA) Volunteer Guidelines

1. Our Mission

Denmark-China Psychological Association (hereinafter referred to as “DCPA”) is dedicated to create supportive and nurturing environments for children, youth, and families as well as individuals facing mental health challenges. By fostering connections and offering guidance, we aim to enhance well-being and build a stronger bridge between Denmark and China in the field of mental health..

By becoming a volunteer, you become an indispensable part of our meaningful and important mission.

2. Why Join Us?

- Meaningful and impactful service with clear focus on mental health and life sciences
- Flexible volunteering schedules
- You may volunteer online or in person, depending on your availability and location.
- Professional training and growth
- A warm and supportive community
- You will join a group of compassionate volunteers who learn from and support each other.
- A chance to genuinely help others
- To be part of an unik association

3. Language Requirement

Volunteers must be native-level fluent in at least one of the following languages:

- Chinese (Mandarin)
- English
- Danish

Fluency includes:

Clear and empathetic communication; Ability to conduct supportive tasks; Professional or near-native reading and writing skills.

4. Professional Requirement

Volunteers should meet at least one of the following:

Background in psychology, mental health, counseling, social work, education, or related fields; OR
Strong interest and basic knowledge in psychology as a dedicated psychology enthusiast; OR
Familiarity with Chinese and Danish cultural contexts is preferred but not required.

Empathy, responsibility, and respect for mental health ethics.

5. Responsibilities and Monthly Hours

5.1 Time Requirement

Minimum 8 hours per month

Schedules are flexible

Online, in-person, and hybrid options are available

5.2 Volunteer Responsibilities

May include, but are not limited to:

Assisting with mental health workshops, outreach, or public education

Creating or managing mental-health-related content

Supporting events, administrative work

Participating in training and team discussions

Please note: Volunteers do not allow to provide diagnoses or psychological treatment/consulting.

6. Training & Preparation

All volunteers receive:

- Cross-cultural communication guidance (for China and Denmark settings)
- Ethical guidelines, confidentiality rules, and boundaries training

7. Service Formats

Online participation: Zoom / Teams / WeChat / Phone

- Suitable for volunteers across cities or countries (China and Denmark)
- At association locations or partner venues
- Hybrid Service
- Flexible combination of online and offline involvement

8. Ethics and Confidentiality

Volunteers must:

- Maintain strict confidentiality
- Follow secure data storage rules, if relevant
- Avoid clinical intervention
- No diagnosis, therapy, or professional claims beyond your role
- Follow project and/or tasks reporting procedures
- Respect cultural diversity, avoid discrimination

9. Growth, Feedback, and Recognition

The association provides:

- A strong and professional network
- A channel for suggestions and feedback



- A place for sharing and experiencing cultural differences
- Recognition or recommendation letters (useful for applications in China or Denmark)

10. Attendance & Withdrawal Policy

Volunteers must complete 8 hours per month

Absence is allowed with advance notice

Missing two consecutive months without explanation may result in removal

Ethical violations may lead to suspension or termination

11. How to Join

Step 1: Send us your application (half page and clear describe motivation) with CV

Step 2: Online or in-person interview

Step 3: Complete interview and onboarding training

Step 4: Become our volunteer

12. Note

The content of this article shall be interpreted, updated, and maintained by the association.

We welcome responsible, empathetic, culturally aware individuals to join us. If any questions please contact us through info@dcpa.dk .

Would you like to be part of our mission? We are looking forward to hear from you!

Denmark-China Psychological Association (DCPA)

Copenhagen, Denmark

(Last update: 20th. November 2025)